

Managing Food Allergies

Our goal is to ensure each student dines safely and comfortably. The Wheaton dining experience is a vibrant program where student engagement and social inclusion connect with good nutrition and menu variety.

New Students

- Step 1** Contact Wheaton Dining General Manager
Scott O'Rourke, orourke_scott@wheatoncollege.edu
- Step 2** We will set up a convenient time for you to meet our dining team and tour our facilities. You will:
- Visit our dining web page to see menu listings
 - Identify special product requests
 - Ask questions
- We want you to feel comfortable navigating our dining program, talking with our staff and understanding our commitment to you.
- Step 3** Familiarize yourself with offerings at each location and locate our Allergen Solution Station at Chase Dining.
- Step 4** Communication is key. Each student is responsible for communicating dietary needs to our dining team.
- **ALWAYS** inform your server of an allergy, even if you think the food does not contain your specific allergen.
 - Ask questions. Our staff is trained to answer your allergy related concerns.

ALLERGEN SOLUTIONS

Wheaton

FREE FROM

WHEAT, NUTS,
SOY, DAIRY,
PEANUTS, EGGS,
SHELLFISH

ALSO MADE
WITHOUT
GLUTEN

gluten solutions

ENTRÉES,
CEREAL, BREADS,
MUFFINS,
TORTILLAS AND
CONDIMENTS,

ALL MADE
WITHOUT
GLUTEN.

This selection
is made with
ingredients
that do not
contain gluten.



Wheaton Dining offers two menu selections for students with dietary restrictions.

1. Self-service at any of our dining venues utilizing the Allergen Solutions and Gluten Solutions information displayed
2. Specific menu requests may be made any time by notifying a manager in advance

Always self-identify when ordering or seeking information about our products and recipes.

Chase Dining offers the Allergen Solutions Station, the Gluten Solutions Station and a wide variety of menu selections free from allergens and/or gluten.

Emerson Dining offers Gluten Solutions options such as a daily hot entree, sandwiches, soup, salads and dessert made without gluten.

Hood Eco Café offers sandwiches made-to-order, salad bar and cookies made without gluten.

Davis Spencer Café offers sandwiches made-to-order, salad bar and cookies made without gluten.