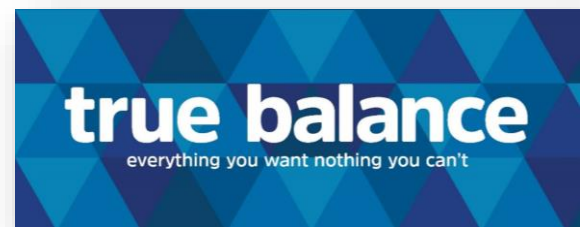


# allergen solutions

## at Chase

### Allergen Solutions



Complete Lunch and dinner entrees available – all made without gluten.

### Gluten Solutions

gluten solutions

Cereal, waffles, dedicated toaster and microwave and a refrigerator stocked full of your favorite gluten free breads and desserts.

### Pizza

Pizza prepared with Gluten Free Pizza Crust available upon request.

### Sauté Station

Omelets, Stir-fry and Pasta Sauté can all be customized with ingredients that do not contain gluten.

### Salad Station

Most offerings at the salad bar do not contain gluten, including Ken's dressings!

### Miso & Rice

Made without gluten and offered daily. Add chicken from the Sauté Station, and vegetables, tofu and beans from the salad bar!

### Deli

All sandwiches are available on gluten free bread. Just ask!

### Home Zone & Soup

Occasionally selections are made without gluten at these stations. And we are happy to modify any selection to meet your needs. Please ask your server at each visit.

### Delicious

Often selections at this versatile station are made without gluten. And, we are happy to modify any selection to meet your needs. Ask your server at each visit!

Our broth soup bases do not contain gluten

Complete entrée, starch and vegetable. No worries.

This sign makes identification easy

This selection is made with ingredients that do not contain gluten.



**IMPORTANT!**  
Even foods commonly prepared without gluten containing ingredients may not be 'gluten-free'. Our recipes are prepared in open kitchens where cross-contact is possible and where ingredient substitutions are sometimes made.  
If you have celiac disease or a gluten sensitivity please notify your on-site manager to request an individually prepared 'gluten-free' selection.



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**Advocate for yourself because you are the best person to describe, educate and communicate your needs.**

Providing choice and variety is our top priority. We encourage students with dietary restrictions or preferences to contact us. We want to hear about your particular situation so we can address your service needs. We are happy to honor special requests and answer questions about preparation and ingredients. We are here to help you have a great experience at Wheaton Dining.